



Dear Guests,

Welcome to the Beauty & Wellness Treatment Menú offered by Kiara Kare® at the Villa Magna Hotel through its Club Wellness by Kiara Kare®. Our commitment is to offer you high quality services, always with an exquisite treatment. We hope our options will appeal to you; we will however be open to any suggestions and/or special requests.

The Menú is divided into 5 parts:

Body Kare  
Facial Kare  
Health & Energy  
Basic Beauty  
Your Wedding with Kiara Kare®

Should you have any doubts you may contact us at [villamagna@villamagna.es](mailto:villamagna@villamagna.es) or on +34 91 587 1234. We hope to see you soon!

*Warm regards,*

*Anne Jorgensen*  
*Club Wellness by Kiara Kare® Manager*  
*Beauty & Wellness Manager*

*Villa Magna*

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## Body Kare

### Massages à la carte

*Customized massages. Aromatherapy. Whole body or zonewise.*

60 minutes.....	120€
90 minutes.....	175€
30 minutes.....	70€

**Decontracturizing:** For muscle contractions and muscular tension in general. *Essential oils: Rosemary, pine, lemon, cayeput, clove, arnica, willow.*

**Sport's:** Optimizes muscular performance, prevents and treats lesions, fights fatigue, activating blood circulation, accelerating elimination of toxic waste products, and increasing muscular oxygen levels. *Essential oils: Rosemary, pine, lemon, clove, arnica.*

**Jet-lag:** Readjustment of energetic bio-rhythms, making adaption to time change more comfortable. Clears mind and restores body's moisture levels. *Essential oils: Mint, cypress, lemon, ylang-ylang, clove.*

**Purifying:** Draining massage reinforced with a blend of essential oils that help detoxify the organism. *Essential oils: Tea tree oil, cayeput, niauli, clove, eucaliptus y myrtle.*

**Anti-stress:** Soft and relaxing, energetically repairing and healing. *Essential oils: Lavender, orange blossom, marjoram, lime tea, petit-grain. (60 minutes)*

**Deep relaxation:** Rhythmic and chakra balancing with a healing energy transmission. *Essential oils: Lemon, sandal, orange, incense, myrrh. (60 minutes)*

**Circulatory:** Activates blood circulation, stimulating elimination of toxins and improving

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cell interaction. Essential oils: *Mint, cypress, lemon, rosemary, thyme, arnica, horse chestnut, ginkgo biloba.*

**Slimming & anti-cellulite:** Treats tissue state, improving blood circulation and lymphatic functions, reducing localized fatty tissue. *Essential oils: Cinnamon, lemon, rosemary, cypress, ivy.*

**Stimulating:** Improves vital tone, eliminates fatigue and betters muscle tone. Also recommended to improve tissue flaccidity. *Essential oils: Clove, lemon, hyssop, rosemary.*

**Draining:** Increases lymphatic circulation helping to eliminate toxins from tissues and improving immunological functions. Also recommended to improve silhouette as it clearly helps reduce unwanted volume. *Essential oils: Fennel, rosemary, geranium.*

**Acupressure:** Acupuncture without needles. Thousand year old chinese technique consisting of specific pressure of energetic channels called meridians along which flows an electromagnetic, polarized force. Rebalances energy. *Essential oils: Lemon, sandal, orange, incense, myrrh.*

**Anti-aging “Queen of Egypt”:** Gives skin a young and firm look while it slows aging process and wrinkle development. *Essential oils: Incense, myrrh, lemon-grass.*

**Four hands:** Massage by two, symmetrical and simultaneous, with major benefits for the mind as it easily finds its way into a nearly meditative and deeply relaxed state. *Essential oils: Lemon, sandal, orange, incense, myrrh.*

60 minutes.....195€

## Kaprichos by Kiara Kare®

### **Body Rituals**

*Relaxing rituals that combine beauty & wellness to offer a very special pampering of body, mind and soul. All treatments last 75 minutes and include an extensive massage, special and specific for each purpose.*

**Cocoa Delight:** Discover the stimulating power of chocolate with this rhythmic body massage with warm 100% cocoa oils. Also recommended for moisturizing and firming purposes. (75 minutes).....155€

**Green Tea:** Antioxidant, stimulating and ultra-draining. Exquisite and irresistibly relaxing aroma. Also recommended for slimming purposes. (75 minutes).....155€

**Herbal Thai:** Thai massage with little bags filled with linen seeds and herbs, preheated to ooze an exquisite blend of essential oils. Stimulates metabolism, drains and purifies. (75 minutes).....155€

**Stone Massage:** Indian American massage with volcanic stones preheated at 60°C/140F. Deeply relaxing and decontracturizing. (75 minutes).....155€

**Roses for you:** A mixture of a variety of oriental and occidental massage techniques with Bulgarian rose oils and quartzes. Brings out a feeling of happiness while it has a soothing effect on both the hormonal as well as the lymphatic system. *Pure sensuality exclusively for women.* (75 minutes).....155€

**Spices from the Middle East:** Cinnamon, ginger and myrrh for stimulating blood circulation and activating metabolism. (75 minutes).....155€

**Citrus Pack:** Treatment based 100% on vitamin C. Moisturizes, fights free radicals, stimulates collagen synthesis, protects against hyper-pigmentation, calms and balances skin. Cellular regeneration. (75 minutes).....155€

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**Apple Therapy:** Green apple extracts with vitamin A, E and C and poliphenols for an antioxidant action and a stimulation of collagen fibres and cellular renewal process. Malic acid enhances skin elasticity and moisture levels while phosphorus calms and relaxes. (75 minutes).....155€

**Ceremony of Gold:** A very complete and luxurious beauty and wellness ritual with 24K gold, hialuronic acid, chitosan, vitamin E, among others, for revitalized and bright skin with a very special glow. Also recommended as an anti-aging treatment. (75 minutes).....240€

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## Body Perfection

*For a perfect silhouette and healthy and young skin, we offer you treatments containing the most avant-garde and efficient key ingredients. Below you may find prices for individual sessions as well as in packs. Different sessions can be combined to create a completely personalized program.*

### Perfect Body

#### *Thalasso-therapy*

Personalized thalasso-therapy, based on the use of key ingredients from the oceans, for a perfect silhouette and optimal body functions. Through a mixture of essential minerals, biological sediments, algae, oyster shell extracts and sea water, body is modeled, purified, smoothed and firmed.

Perfect Body per treatment.....	155€
Perfect Body last minute: <i>5 treatments in 7 days</i> .....	725€
Pack Essential Silhouette: <i>10 treatments in 21 days</i> .....	1400€

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### Essential Silhouette

#### *Slimming and Toning*

Essential Silhouette is a specific treatment for different types of cellulite, that attacks both its causes as the excess adipose tissue. Each treatment contains 3 fundamental phases: Blood circulation is stimulated through the application of a warming lotion to activate fluid exchange in conjunctive tissue. Localized fat is dissolved and adipose metabolism is balanced through the application of a serum and a cinnamon cream with a strong massage. Draining and purifying techniques and key ingredients guarantee a correct

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elimination of waste products and improve lymphatic system to avoid cellulite reappearance in the future.

Per treatment.....155€  
Pack Essential Silhouette: 10 treatments in 21 days.....1400€

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### Repagen Body

*Anti-aging*

NEW program with lipolytic, firming, moisturizing and nourishing qualities. Combines key ingredients such as *FitShape* to activate cellular metabolism in fatty tissue and smooth skin, *LipoFirm* to fight appearance of new fatty tissue cells, *Ivy extract* to strengthen tissue and blood circulation and *Jojoba oil*, rich in vitamin A, B, E, and provitamin D, lecithin and non-saturated fatty acids moisturizes, nourishes, smoothes and tones dry and unstructured skin.

Through the use of the “Ionic Brush” and its bronze fibers, vital ions are created to activate lymphatic system and guarantee optimal ingredient absorption.

Repagen Body per treatment.....155€  
Pack Repagen Body: 10 treatments in 4 weeks.....1400€

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### Fango Therapy

*Skin revitalization and remineralization*

One of greatest benefits of Fango Therapy is its amazing capacity to activate blood circulation, eliminating superfluous liquids and absorbing and expulsing toxic elements

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from the organism. Fangos are also anti-inflammatory, refreshing, decongestive, purifying, antiseptic, healing and calming. Rich in minerals and oligo-elements, fangos help re-mineralize and revitalize tired and/or aged skin. Also excellent for sensitive skin, eczemas and psoriasis.

Fango Therapy per treatment.....155€  
 Pack Fango Therapy: 5 treatments in 15 days.....725€

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**White Secrets**

*For fair and bright skin*

The objective of White Secrets is beautiful fair skin without pigmentation and with a young and radiant look; in other words porcelain skin. This treatment is especially recommended for skin with a tendency to hiper-pigmentation as a result of either sunbathing or hormonal changes. It is likewise excellent as a preventive treatment, as it inhibits the tanning process during its initial phase. As an after-sun treatment it helps neutralize the negative effects of sunbathing and regenerate on a cellular level, minimizing free radicals, erasing pigmentation and unifying skin tone. Thanks to the product textures and fragrances and a wonderful massage, White Secrets is also a comforting wellness ritual.

White Secrets per treatment.....155€  
 Pack "White Secrets": 5 treatments in 15 days.....725€

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## Facial Kare

*Professional skin treatment system. Bio-technological facials with a repairing and/or prophylactic focus. Ask your skin therapist for a Face Mapping analysis and a customized treatment and prescription.*

### Customized Facial Kare (60 minutes)

**Clear Skin:** For a clean, smooth, soft and even skin. Exfoliation with customized bio-activity score, thorough extraction, draining massage to eliminate toxins, calming and refreshing masque.....125€

**Absolute Moisture:** For healthy and radiant skin. Restores critical moisture to stressed skin. Customized exfoliation, stimulating and draining acupressure massage, rehydrating masque of calming botanicals and antioxidant vitamins.....125€

**Age Smart:** Powerful treatment for those concerned with the signs of aging. High concentration of vitamins A, B5, C, E y F, protecting skin from environmental factors that cause premature aging, erasing wrinkles dramatically and restoring skin's elasticity and radiance.....125€

**Sensitive Skin:** Incredibly soothing and skin protecting treatment for sensitized, red, inflamed or "itchy" skin. Key ingredients such as lavender, red raspberry, cucumber and oatmeal will instantly calm redness and reduce inflammation.....125€

**Oily Skin:** Green clays combine with purifying botanical extracts and refreshing Menthol, alpha-hydroxy acids with high bio-activity score, and marine algae to naturally absorb excess oil, while refining skin texture and providing firmness.....125€

**Chroma White:** Helps balance uneven pigmentation, protecting skin while inhibiting melanin production. Gives skin instant radiance while it works below the surface to brighten skin tone.....125€

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**Adult acné:** Powerful treatment for acne-prone skin. Fights bacteria and helps regulate sebum production, reduces skin irritation and redness and moisturizes and cools skin, helping to promote healing. Deep-cleansing, specific exfoliation to eliminate pore-clogging cells, extraction and detoxifying and calming masque.....125€

**Bright eyes:** For fine lines, dark shadows and puffiness. Alpha-hydroxy eye treatment, specific massage, acupressure, ultrasound to revitalize cell membranes and super refreshing and moisturizing masque. Clears head and .....125€

## Very Special Facial Kare

**Ceremony of Gold:** A very complete and luxurious beauty and wellness ritual with 24K gold, hyaluronic acid, chitosan, vitamin E, among others, for revitalized and radiant skin with a very special glow.....205€

**Roses for you:** Holistic beauty and wellness session with Bulgarian rose oils for a very special internal as well as external harmony and an authentic radiance. From an aesthetical point of view Roses for you is a great antiaging treatment as the essential Bulgarian rose oils are rich in vitamin F and promote cell regeneration. Combined with the use of powerful rose quartzes and different massage techniques, facial muscles relax, circulation is stimulated, fine lines and wrinkles are eliminated and contour is bettered dramatically. Empowers your feminine qualities and your sensuality while giving you a feeling of happiness and love.....155€

**Cell Kare:** Avant- garde facial treatment based on stem cell technology. Stem cells from a certain sort of Swiss apples stimulate body's dormant stem cells, inducing the formation of new fibroblasts and keratinocytes and synthesizing collagen and elastin.....205€

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## Health & Energy

*Treatments that improve health and/or body's energy zone. Therapeutic and balancing, these treatments help correct disorders and have a positive influence on the state of mind.*

**Lymphatic drainage:** "Vodder" technique that stimulates lymphatic system, eliminating superfluous liquids and treating eventual edemas. (75 minutes).....135€

**Zone therapy:** Massage and stimulation of foot reflex zones, balancing physical, mental, emotional and energetic imbalances.(60 minutos).....120€

**Chakra Balance:** Energetically balancing massage with customized blend of essential oils. Aligns chakras. Relaxing and very sense expanding. (60 minutes).....120€

**Acupressure:** Acupuncture without needles. Thousand year old Chinese technique consisting of specific pressure of energetic channels called meridians along which flows an electromagnetic, polarized force. Rebalances energy. *Essential oils: Lemon, sandal, orange, incense, myrrh.* (60 minutes).....120€

**Reiki:** Oriental healing technique. Energy canalization through therapist's hands. (60minutes).....120€

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## Basic Beauty

**Manicure:** Impeccable hands and nails. With og without varnishing (50 minutes).....55€

**French manicure** (60 minutes).....65€

**Beauty & wellness treatment for HANDS:** Deep exfoliation, nourishment and moisturizing. Includes an extensive massage of hands and forearms with essential oils (50 minutes).....60€

**Pedicure:** Complete! Soft feet without callus and 100% perfect toenails. With or without varnishing (60 minutes).....70€

**French pedicure** (70 minutes).....80€

**Beauty & wellness for FEET:** Deep exfoliation, nourishment and moisturizing. Includes a mini sesión of zone therapy (60 minutes).....75€

**Make-up**.....On budget

**Styling**.....On budget

### Cool Eyelashes

Eyelash coloring and perm.....80€

Eyelash extensions.....from 170€

**Eyebrow design**.....40€

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**Waxing - WOMEN**

Legs.....	40€
Half leg.....	25€
Underarms.....	20€
Bikini line.....	20€
Brazilian bikini line.....	35€
Upper lip.....	10€
Arms.....	25€

**Waxing - MEN**

Arms.....	35€
Legs.....	60€
Back.....	35€
Chest.....	35€

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## Beauty Day Pack

4 hours of beauty treatments.....365€

1 Facial Kare treatment  
1 “Kapricho” by Kiara Kare® (body ritual)  
French manicure  
Pedicure

## Wellness Day Pack

3 hours of wellness treatments.....305€

Facial massage, acupressure and drainage  
(face, head & neck)

Beauty & wellness treatment for feet

1 “Kapricho” by Kiara Kare® (body ritual)  
or  
1 Massage à la carte

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## Your wedding with Kiara Kare®

We invite you to take a look at our Treatment Menu in general as it contains attractive beauty & wellness treatment possibilities for Bride & Groom. Below you will find a few interesting Packs as well as wedding specifics. You may wish to ask for our specific menu, Your Wedding with Kiara Kare®.

**Bride's make-up**.....450€

**Bride's hair styling**.....450€

**Wedding party's make-up (per person)**.....200€

**Wedding party's hair styling (per person)**.....200€

**Escort at the Wedding**... A professional will be at your complete disposal, making sure Bride's hair-do and make-up remain perfect during the whole day or evening. Especially recommended during picture taking.....125€/hour

**Beauty Corner:** A team of professionals at Bride's, Groom's and guests' disposal for touching up hair-do and make-up.....On budget

**Manicure/French Manicure**.....55€/65€

**Pedicure/French Pedicure**.....70€/80€

**Ceremony of Gold:** A very complete and luxurious beauty and wellness ritual with 24K gold, hyaluronic acid, chitosan, vitamin E, among others, for revitalized and radiant skin with a very special glow.

Facial (75 minutes).....205€

Body (75 minutes).....240€

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**Perfect Bride Pack.....715€**

Complete waxing  
Facial Kare treatment  
Kapricho including body exfoliation & moisturizing  
Manicure & pedicure  
Eyelash coloring and perm

**Perfect Bride De Luxe Pack.....895€**

Complete waxing  
Ceremony of Gold Facial  
Ceremony of Gold Body  
Beauty & wellness for hands and feet  
French manicure  
Pedicura francesa  
Eyelash coloring and perm

**Perfect Groom Pack.....515€**

Kapricho including body exfoliation & moisturizing  
Massage à la carte  
Facial Kare treatment  
Manicure  
Pedicure

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